

Conference Registration Form October 28, 2010

You are invited to attend the 6th annual GSRMA Training Conference. The event will be held in conjunction with the Public Cemetery Alliance Annual Conference. Based on the success of the 2009 conference, we will once again meet at the Rolling Hill Resort in Corning, CA. Our theme this year is: **Health and Wellness** This day is designed for our members' governing bodies, management and staff including board members, directors, managers, supervisors, safety officers, office staff, etc. This event will be well worth the time for anybody who attends—no matter their position or level!

No Excuses...DIVE IN!

“Entering the High Performance Zone in a High Demand



**Fred Shafer the
“Fit Food Dude”**

Known across America for his striking presentations, Fred Schafer is a Performance Improvement Expert dedicated to moving others to “Perform Better, Live Stronger and Dream Bigger”. His message comes from 35 years of experience and studying high performance in order to overcome mediocrity and achieve better results.

Throughout his professional life however, Fred noticed that many of his co-workers, peers supervisors found it a challenge to meet the high demands of their careers while also experiencing superior “high performance: physical, mental and emotional health”. As a result, not only were their productivity and professional results often less than what they could be but they also sometimes failed to experience sustainable and meaningful careers. After witnessing many of his peers suffer career and health setbacks or simply become burnt out and disillusioned, Fred decided to “strike back” at these issues. Don’t miss this fast-paced, humorous, uplifting and interactive program. Check out his website www.fitfooddude.com.

Kindness/Motivation: A Winning Combination!

Dr. Chuck Wall, published author, lecturer and motivational speaker was born in Los Angeles, California. He overcame blindness, with the help of audio tapes and Braille, to earn two masters degrees and a Ph. D His amazing life story includes serving as a member of Presidents Nixon’s administration, writing speeches and drafting discrimination laws that are still implemented today.

Dr. Wall will enlighten us with the answers to these questions:

- What is motivation when applying the concept to the office.
- Is there a role for humor in workplace morale and motivation.
- What is the role of an employer in an employees motivation?



Dr. Chuck Wall



Arrangements have been made for discounted recreation, Wednesday the 27th prior to the event. Sport shooting at the Clear Creek Sports Club will be held in the afternoon. Shooting will cost \$ 4.25 for 25 clays. Shooters are asked to furnish their own gun, ammo and hearing/ eye protection if at all possible. Let us know if you need help in providing these. Please call for more information.

Registration Form

Golden State Risk Management Authority Annual Training October 28th, 2010

Register by returning completed form via Fax (530) 934-8133, email kim@gsrma.org, or mail to: Conference Registration, Golden State Risk Management Authority, Post Office Box 706, Willows, CA 95988. You can also register on our website.

www.gsrma.org

Please complete for each attendee, make copies as needed. **Registrations must be received by October 15, 2010.**

Name:

Title:

Member Entity:

Address, City, State, Zip

Phone:()

Fax:()

E-mail:

Do you have any special requests, or accommodations?

Check all that apply.

Sport Shooting at Clear Creek Sports Club and Bar-B-Q Wednesday afternoon Oct. 27th. Please call for details

Will attend evening Reception Thursday 28th , 5:00 PM Will not attend Evening Reception Thursday 28th, 5:00 PM

Accommodations - for overnights, there are two lodging choices at the conference facility.

The Lodge (The Vagabond Inn) (530) 824-3220, is located on the North end of the main building.

The Ramada Inn and Suites (530) 824-8300, is South of the facility adjacent to the conference center.

Mention Golden State Risk Management Authority or the Public Cemetery Alliance to receive the special conference rate.

Driving Directions:

From the North – Take Interstate 5 South to Exit 628, Liberal Avenue. Exit right on Liberal, then turn left onto Barham, arrive at Rolling Hills Casino.

From the South – Take Interstate 5 North to Exit 628, Liberal Avenue. Exit right, then turn left on Liberal and drive over the overpass. Make a left onto Barham Rd., arrive at Rolling Hills Casino.